

# NATASHA ZACHER

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## EDUCATION & TRAINING

**Athabasca University:** Master of Counselling (2020)

**University of British Columbia:** Bachelor of Fine Arts in Theatre (Acting) and Psychology (2015)

**CityLit London:** Dramatherapy course (2016)

**University of Roehampton:** Arts and Play Therapies Summer School (2016)

**INTERN THERAPIST, CEDARWOOD PROGRAM, THE CHILDREN'S FOUNDATION** (SEPTEMBER 2019-MAY 2020)

Completed 500 hour clinical placement as part of completion requirements for the Master of Counselling program at Athabasca University. Primary caseload included young people age 6-14, their siblings and caregivers. Facilitated individual, sibling and family sessions, and supported psycho-education groups. Primary theoretical interventions stemmed from person-centred work, expressive therapy, attachment work, and trauma-informed practice.

## SELECT WORK EXPERIENCE

**SCREENER/GREETER, PROVIDENCE HEALTH CARE** (JUNE 2020-PRESENT)

Ensure all staff and visitors to the facility undergo a health questionnaire screening and temperature. Support with conducting physically distanced family visits. Liaise with staff through facility to facilitate communication between family members, support teams and staff.

**ACADEMY INSTRUCTOR, GATEWAY THEATRE** (OCTOBER 2019-APRIL 2020)

Co-taught the Musical Theatre Introduction class for ages 6-7. Developed age-appropriate choreography, taught warm-ups and wrote scripts. Facilitated an encouraging and creative classroom environment.

**EMOTIONAL SUPPORT PROGRAM COORDINATOR, NEWORLD THEATRE** (DECEMBER 19-APRIL 2020)

Developed content for providing emotional support to audience members. Accrued a volunteer team to facilitate the program. Organized resources and supplies for facilitating the program. Developed curriculum for a team training day.

**DUTY MANAGER, HAMPSTEAD THEATRE** (OCTOBER 2018-AUGUST 2019)

Oversee box office and ushers. Liaise with producing team regarding any ticketing concerns. Ensure theatre is safe for public. Liaise with stage manager to ensure prompt start times. Write show reports which include box office and patron information. Building and technical support as and when needed.

**PROJECTS COORDINATOR, DREAMARTS** (OCTOBER 2017-AUGUST 2019)

Coordinate participant referrals from community mental health agencies and local services, support lead facilitators in delivering therapeutic arts workshops, one-to-one check-ins with participants, visiting schools and other community groups to raise awareness for programming.

**DUTY MANAGER, KILN THEATRE** (AUGUST 2017-OCTOBER 2018)

Oversee team of front of house staff, to ensure smooth performance of show or film. Possess strong knowledge of health and safety and emergency evacuation procedures. Mitigate patron show-content and

ticket related conflicts. Locking up the venue after the performance or film. Delivering show reports to senior staff. Building and technical support as and when needed.

**ARTISTIC STAFF, CHICKENSHED THEATRE (SEPTEMBER 2016-OCTOBER 2018)**

Supporting evening children's theatre sessions, by providing instructional support and one-to-one assistance for students with special needs. I also co-facilitated Chickenshed's therapeutic arts outreach programming in Chelsea and Westminster Hospital, bringing storytelling and music to the paediatric ward.

**SPECIAL EDUCATION NEEDS (SEN) TEACHING ASSISTANT, JACK TIZARD SCHOOL**

(SEPTEMBER 2016-SEPTEMBER 2017)

Support pupils in welfare, social, health, and learning matters. Promote self esteem and independence, while recognizing their individual health and safety needs. Adhere to good safeguarding practices at all times. Assist with the design and deliverance of education, behaviour, and personal care plans. Liaise with therapists to carry out clinical plans, including occupational therapy, physiotherapy, and speech and language therapy.

**DRAMA INSTRUCTOR, RONALD MCDONALD HOUSE BC & YUKON (APRIL 2016-AUGUST 2016)**

Created lesson plans and delivered a weekly drama class for children staying at Ronald McDonald House, a non-profit which provides housing for families away from their homes while their children undergo treatment for serious illnesses and injuries at BC Children's Hospital.

**FRONT OF HOUSE MANAGER, GATEWAY THEATRE (AUGUST 2015-AUGUST 2016)**

Greeted patrons, coordinated with the Head Carpenter and Stage Manager to start the performance, mitigated patron show-content and ticket related conflicts, managed and supervised the rotating nightly on-site team of volunteers and bar staff, locked up the theatre post-performance.

**EDUCATION COORDINATOR, GATEWAY THEATRE (SEPTEMBER 2014-AUGUST 2016)**

Developed and administered outreach programming for the Gateway Academy for the Performing Arts, facilitated classes and workshops, contributed to grants, connected with families, community partners, and school districts. Designed and adhered to programming and producing budgets.

**ARTIST IN RESIDENCE, GILMORE ELEMENTARY SCHOOL (OCTOBER 2015-DECEMBER 2015)**

Co-wrote, directed and stage managed a musical to be performed by the students of Gilmore Elementary School. Taught choreography, music and scene work to the students, and liaised with the school's administration and teaching staff and Parent Advisory Council to coordinate technical, logistical and financial needs.

**BEHAVIOURAL INTERVENTIONIST, ABLE DEVELOPMENTAL CLINIC (AUGUST 2015-DECEMBER 2015)**

Used ABA (Applied Behavioural Analysis) techniques to work with a young male on the autism spectrum. Followed and administered ABA plan as designed by the Behavioural Consultant, collected data, wrote session notes, and attended team meetings.

## SELECT VOLUNTEER EXPERIENCE

**COVID-19 VOLUNTEER, SAFE SENIORS STRONG COMMUNITIES, SOUTH VANCOUVER NEIGHBOURHOOD HOUSE (APRIL 2020-PRESENT)**

Deliver groceries to and make weekly mental health check-in phone calls with isolated local seniors.

**CHOREOGRAPHER, ADAPTED MUSICAL THEATRE PROGRAM, VANCOUVER PARK BOARD (SEPTEMBER 2011-JANUARY 2014)**

A musical theatre performance program for teenagers with cognitive challenges. Facilitated group work ethic and cooperation, created and taught choreography, mitigated conflicts between students. Contributed to the writing process of the year-end musical.

### **COMMUNITY MARKETING ASSISTANT, THEATRE FOR LIVING (FEBRUARY-APRIL 2015)**

Assisted the Theatre for Living team in physical collateral distribution and social media presence for the provincial tour of MALADJUSTED, a forum theatre production devised by community members and actors regarding Canadian mental health care systems. Presented group ticket offerings for psychology students at local universities.

### AWARDS, GRANTS, AND ADDITIONAL TRAINING

#### **Trauma-Focused Cognitive Behavioural Therapy (Online Modules):** National Therapist Certification Program (2020)

Received certificate following completion of the online training modules. Introductory step in pursuing certification as a facilitator of TF-CBT.

#### **Positive Behaviour Support:** British Institute of Learning Disabilities (2016)

A course discussing how to support individuals with challenging behaviour and/or additional learning needs, by engaging person centred values, aiming to enhance community presence, increasing personal skills and competence and placing emphasis on respect for the individual being supported.

#### **Management of Actual or Potential Aggression (MAPA) Certification:** Crisis Prevention Institute (CPI) (2016)

A two-day course in learning to support vulnerable people and/or manage behaviour that can challenge. Including providing a flexible approach to managing challenging behaviour, from general awareness through to disengagement and prevention.

#### **ArtsVest BC Mentorship:** Business for the Arts (2016)

Received mentorship in sponsorship and producing for theatre on behalf of Awkward Stage Productions, a Vancouver-based theatre company committed to providing professional performance opportunities for emerging artists.

#### **Creative Spark Grant Recipient:** ArtStarts in Schools and City of Vancouver (2016 & 2019)

A grant sponsored by Art Starts in Schools and the City of Vancouver to encourage emerging artists to connect with youth. 2016 project funds supported the development of a drop-in therapeutic drama program at Ronald McDonald House BC. 2019 project funds will support the development of a therapeutic drama program for youth ages 17-24 through the Moberly Arts Centre in late 2020.

#### **University of British Columbia:** Percy Walter Perris Scholarship (2014)

Merit based award for academic performance, and campus and community involvement.

### ADDITIONAL SKILLS

- Valid Ministry of Justice BC criminal record check as of May 2019
- Valid VPD police check as of October 2019
- Valid BC driver's license (Class 5)
- Valid and updated UK DBS check as of June 2017
- Valid First Aid at Work certification (until 2022)
- Basic InDesign and Microsoft Publisher skills
- Conversational Spanish language skills
- Royal Conservatory of Music Certificates - Piano (Grade 8) and Voice (Grade 7)